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## **RESEARCH UPDATE**

Ursula Furstenwald, director of OASIS—an organization assisting torture victims suffering from post-traumatic stress disorder—has begun a pilot study with Hemi-Sync®. Serious sleep disturbances are one of a constellation of symptoms exhibited by survivors of torture. Hemi-Sync will be employed as an adjunct to focused group therapy in an attempt to relieve insomnia. The study is supported by the United Nations and will be conducted in Copenhagen, Denmark.

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